



Vancouver  
Foodie  
Tours



# CHEAT Sheet

Your virtual Vancouver  
neighbourhood guide.

Filled with personal recommendations  
from our knowledgeable Foodie Team.  
Plus, tips and exclusive local discounts!

We love seeing your adventures!  
Tag us on instagram [@vanfoodietours](https://www.instagram.com/vanfoodietours).

**VIEW EXCLUSIVE  
GUEST OFFERS**





# Granville Island

PUBLIC MARKET | ARTISANS | MAKERS



We're so glad you joined us on the Granville Island Market Tour today! As promised, here's a map of the places we experienced, and our additional recommendations. Happy exploring, and bon appetit!

## Highlights & Tips:

- Start by spending some time exploring the vendors of the Public Market and shops in the Net Loft.
- Take a leisurely stroll around the entire island- there are lots of shops, galleries, and park areas to explore.
- Explore the Vancouver shore in a Seadoo, Paddleboard, or Boat with Vancouver Water Adventures.

VIEW MAP &  
RECOMMENDATIONS





# *Vancouver Neighbourhoods*

OUR GUIDE TO THE BEST EATS AND MORE



We are proud ambassadors of our community, and have eaten our way through most of Vancouver!

Here are some of our favourite neighbourhoods to explore.



# Vancouver Neighbourhoods

OUR GUIDE TO THE BEST EATS AND MORE



"Let joy be in  
your journey"

-Tim Cook



# Gastown

HISTORIC BUILDINGS | FOOD | COCKTAILS



Vancouver's oldest neighbourhood is filled with history, original architecture, cocktail bars, boutiques, cafes, and local restaurants. Gastown has something for everyone!

## Highlights:

- Check out the local Happy Hours! A great way to feel the vibe and get a taste of their offerings.
- Drink craft beer at the Alibi Room.
- Catch a live music show at the underground speak-easy style bar Guilt & Co.
- Shop at local lifestyle boutiques like the Nooks & Canadian retail icons like Herschel & Native.
- Get inspired by eclectic footwear the the Fluevog headquarters.

VIEW MAP &  
RECOMMENDATIONS





# Downtown Asian Eats

THE BEST ASIAN FOOD IN NORTH AMERICA

**BOOK TOUR** ➤



Let us take you on a meaningful culinary adventure that promises to nourish your soul and delight your palate, leaving you with lasting memories of Vancouver's vibrant Asian food scene.

## Highlights:

- Enjoy award-winning Dim Sum, Korean BBQ, Japanese snacks, and addictive desserts
- Check out a Japanese Konbinya for international products
- Visit hidden culinary gems that locals love
- Savour food you wouldn't have discovered on your own, and hopefully you found a new Vancouver favourite!

[VIEW MAP & RECOMMENDATIONS](#)





# Downtown

BUSINESS | GLASSY SKYSCRAPERS | HAPPY HOURS



This is a cross section of office towers, luxury hotels, art galleries and shopping. There's an energy on the streets that comes from people filling their day's purpose.

## Highlights:

- Make a reservation at Miku and get the Aburi Sushi. If you're only making one reservation, this is worthy!
- Start the day at a local patisserie - Thierry, Bel Cafe, or Faubourg should do nicely!
- Have lunch at a local food truck- some can be found near the Vancouver Art Gallery and throughout downtown.
- Rent a bike or take a tour around the city with Cycle City.

VIEW MAP &  
RECOMMENDATIONS





# Granville Island Market Tour

## FOODIE TOUR TASTINGS

### TERRA BREADS

- Cranberry and Pistachio Sourdough, Olive Loaf, French Baguette

### BENTON BROTHER'S FINE CHEESE

- Village Cheese Co. Cheese Curds, Happy Days Unripened Fresh Goat Cheese with Preservatory Blueberry Bourbon Preserve, Kootenay Alpine Cheese Co Nostrala, Cows Creamery Applewood Smoked Cheddar

### OYAMA SAUSAGE CO.

- Okanagan Red Wine Proscuitto, Rosette de Lyon, Campagne Parisienne Pate, Kazu Coppa, Elk and Juniper Salami, Bison Bresaola, Black Truffle Salami

### LONGLINER SEAFOOD

- Sockeye Salmon Lox & Maple Spring Salmon Candy

### SEN PAD THAI

- Pad Siew with Tofu

### LEMON SQUARE

### BUBBLE BOMBS

- Peach and Pomegranate

### CHOCOLATAS

- Salted Caramel Milk Chocolate, Organic Mint Dark Chocolate, or Green Tea White Chocolate

### BON MACARON

- Salted Caramel Macaron

### JJ BEAN

- Single Origin French Press

### LEE'S DONUTS

- Honey Dip

\*Note: each tour visits a selection of the above locations, tastings may vary due to availability or dietary restrictions



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Vancouver  
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*Thanks for joining us today!*

Experience Other Unique Neighbourhoods

Enjoy 15% off your next Foodie Tour  
with code FoodieLoyalty15

## GRANVILLE ISLAND MARKET TOUR

VIP Backstage Entry to Vancouver's  
Favourite Market

## DOWNTOWN ASIAN EATS TOUR

Delicious Cultural Immersion in the  
Heart of Vancouver



**BOOK TOUR** ➤

Bring your team. A Vancouver Foodie Tour makes  
a great team building activity.





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by leaving a review!*



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If your experience was less than 5-stars, please email us at  
[info@foodietours.ca](mailto:info@foodietours.ca) as we would love to make it right.