



Vancouver
Foodie
Tours



CHEAT Sheet

Your virtual Vancouver
neighbourhood guide.

Filled with personal recommendations
from our knowledgeable Foodie Team.
Plus, tips and exclusive local discounts!

We love seeing your adventures!
Tag us on instagram [@vanfoodietours](https://www.instagram.com/vanfoodietours).

**VIEW EXCLUSIVE
GUEST OFFERS**



Gastown

HISTORIC BUILDINGS | FOOD | COCKTAILS



We're so glad you joined us on the Gastronomic Gastown Tour! As promised, here's a map of the places we experienced, and our additional recommendations!

Highlights:

- Check out the unique businesses that started in Gastown
- Check out the period lamps and cobblestone on Water Street
- Enjoy live music at one of the many bars and activations in Gastown

VIEW MAP &
RECOMMENDATIONS



Vancouver Neighbourhoods

OUR GUIDE TO THE BEST EATS AND MORE



We are proud ambassadors of our community, and have eaten our way through most of Vancouver!

Here are some of our favourite neighbourhoods to explore.

Granville Island

PUBLIC MARKET | ARTISANS | MAKERS

BOOK TOUR ➤



This is our home turf and one of Canada's most famous artisan districts. Between the Public Market and the 9 acres that surround it, there are 300 makers, bakers, creatives, and chefs who call the island home!

Highlights:

- Join the Granville Island Market Tour. It's 100% delicious and we're 100% confident that it's the best way to experience the food and culture of the Public Market.
- Take a leisurely stroll around the Island- there are lots of shops, galleries, and park areas to explore.
- Explore the Vancouver shore in a Seadoo, Paddleboard, or Boat with Vancouver Water Adventures.

**VIEW MAP &
RECOMMENDATIONS**



Richmond

THE BEST ASIAN FOOD IN NORTH AMERICA

BOOK TOUR ➤



Home to dumpling shops, noodle stands, dim sum restaurants, Chinese bakeries, and the Vancouver International Airport. 74% of Richmond's population is Chinese, so get ready for cultural immersion!

Highlights:

- Join our [Authentic Asian Eats Tour](#) for VIP access to the best Chinese food in North America.
- Quick and easy to get to: 20 min ride on the Canada Line to Aberdeen Station
- Explore award-winning dim sum, famous Chinese bakery, Asian street eats and bubble tea
- Enjoy insider access to the most authentic and delicious city for Chinese food on the continent

**VIEW MAP &
RECOMMENDATIONS**



Downtown

BUSINESS | GLASSY SKYSCRAPERS | HAPPY HOURS



This is a cross section of office towers, luxury hotels, art galleries and shopping. There's an energy on the streets that comes from people filling their day's purpose.

Highlights:

- Make a reservation at Miku and get the Aburi Sushi. If you're only making one reservation, this is worthy!
- Start the day at a local patisserie - Thierry, Bel Cafe, or Faubourg should do nicely!
- Have lunch at a local food truck- some can be found near the Vancouver Art Gallery and throughout downtown.
- Rent a bike or take a tour around the city with Cycle City.

VIEW MAP &
RECOMMENDATIONS



Vancouver Neighbourhoods

OUR GUIDE TO THE BEST EATS AND MORE



"Nothing brings
people together
like good food."

Gastronomic Gastown Tour

TASTINGS

KOZAK

- Mushroom Cabbage Rolls
- Potato Dill Varenyky
- Malyna Sour or Sour Mocktail

JULES

- Cheese or Charcuterie Board
- Seasonal Wine or Jardin Vert Mocktail

MONARCA

- Tostada Mixta
- Monarca Margarita

GASTRONOMY GASTOWN

- Beef Tartare
- Pothead Pizza
- Broccoli Caesar
- Pavlova
- Seasonal BC Wine

* Each tour visits three of the above locations.
Tastings may vary due to availability and dietary restrictions.





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Thanks For Joining Us Today!

Experience Other Unique Neighbourhoods

Enjoy 15% off your next Foodie Tour
with code Loyalty2023

GRANVILLE ISLAND MARKET TOUR

VIP Backstage Entry to Vancouver's
Favourite Market

AUTHENTIC ASIAN EATS TOUR

Delicious Cultural Immersion off the
Beaten Path

MARKET, SPIRITS & SHOPS TOUR

Crafty Indulgences for Insiders



BOOK TOUR ➤

Bring your team. A Vancouver Foodie Tour makes
a great team building activity.



Vancouver
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*Help our small business thrive
by leaving a review!*



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GOOGLE



REVIEW US ON
TRIPADVISOR

If your experience was less than 5-stars, please email us at
info@foodietours.ca as we would love to make it right.